



Helmet Size	Inches	Head Measurement Centimeters (cm)	US Hat Size (approx.)
XS (53-54)	20 1/4 - 20 3/4"	51.5 - 52.75cm	6 1/2 - 6 5/8
S (55-56)	20 7/8 - 21 3/8"	53 - 54.25cm	6 5/8 - 6 7/8
M (57-58)	21 1/2 - 22"	54.5 - 55.75cm	6 7/8 - 7
L (59-60)	22 1/8 - 22 5/8"	56 - 57.25cm	7 - 7 1/4
XL (61-62)	22 3/4 - 23 1/4"	57.5 - 58.75cm	7 1/4 - 7 1/2
XXL (63-64)	23 3/8 - 23 7/8"	59 - 60.25cm	7 1/2 - 7 5/8



SIZE & FITMENT GUIDELINES

Measure your palm at the widest point (generally just below the knuckles) and from tip of your middle finger to bottom of palm. Compare these measurements with the chart below. If you are in between sizes, go with the larger size for the best fit.



SIZE	WIDTH	LENGTH
Extra Small	2 3/4" - 3"	6 3/4" - 7"
Small	3" - 3 1/4"	7" - 7 1/4"
Medium	3 1/4" - 3 1/2"	7 1/4" - 7 1/2"
Large	3 1/2" - 3 3/4"	7 1/2" - 7 3/4"
Extra Large	3 3/4" - 4"	7 3/4" - 8"
XXL	4" - 4 1/4"	8" - 8 1/4"